



Travel with confidence: Dialysis support around the world

You can still travel the world on dialysis. By planning ahead for travel, you can continue your dialysis treatments as prescribed. Plan at least 2–4 weeks ahead for domestic travel, and 8 weeks ahead for international travel so our team can help you prepare for your trip.



Contacts for in-center appointments or home dialysis supplies

Patient Travel Services is available to book your treatment at a center near your destination. If you are on home dialysis, you can request that supplies are shipped to your destination.

For scheduling in-center hemodialysis treatment, call 866-434-2597 (option 2).

For peritoneal dialysis (PD) supplies, call RTG customer service at 800-323-5188 (option 1).

For home hemodialysis (HHD) supplies, call NxStage Customer Service at 866-697-8243.

Or, check our website for dialysis centers near your destination.



Plan ahead on what to pack

To prepare, check out our helpful travel checklist on the back of this page and talk to your nurse or social worker.



Know where you're covered

Call your insurance provider and ask for details about your kidney care and dialysis travel coverage to make sure you're covered while you're away from home — and find out what information you'll need to take with you. You may be required to pay out of pocket prior to treatment.

Find information on insurance coverage while traveling here:
[FreseniusKidneyCare.com/Travel](https://www.freseniuskidneycare.com/Travel)



Have a backup plan

Talk to your doctor about what to do in case something unexpected happens while you're away from home — and let your travel companions know how to help. If you run into challenges, call your doctor or social worker for guidance.



Packing made easy: Use this dialysis travel checklist to help with packing for your trip.



Medical supplies

- Medications

Pack enough of each medication to last you through your trip, plus a few extra days' worth in case of an unexpected delay. It is recommended to travel with at least 3 days' reserve.

- Other medical supplies

Make a list as you run through your daily routine, so you don't forget anything you need.



Personal and medical information

- Your insurance card
- Medication and allergy lists
- Phone numbers and email addresses for your doctor and social worker
- Emergency contact information
- Dialysis treatment and kidney care instructions



Additional items for in-center dialysis:

- Phone numbers, email addresses, and street addresses for dialysis centers where you have appointments.



Additional items for international travel:

- Universal connectors
- Cyclers are not allowed for international travel so you will be required to use manual supplies. Reach out to the peritoneal dialysis contact listed on the previous page to learn more.



Additional items if traveling on a cruise ship:

- Reach out to Patient Travel Services to learn more about what to bring if you are traveling on a cruise ship.



Additional information for home dialysis travel:

- Make sure you pack everything you will need for treatment and bring a few extra days of supplies. Ask your dialysis nurse if you have questions about what to take — and discuss airline guidelines for traveling with medical equipment and supplies if you're flying.

**Shipping is not guaranteed, and depends on availability, limitations, and regulations that may change without notice.*



Learn more about traveling on dialysis today
Visit [FreseniusKidneyCare.com/Travel](https://www.freseniuskidneycare.com/travel)