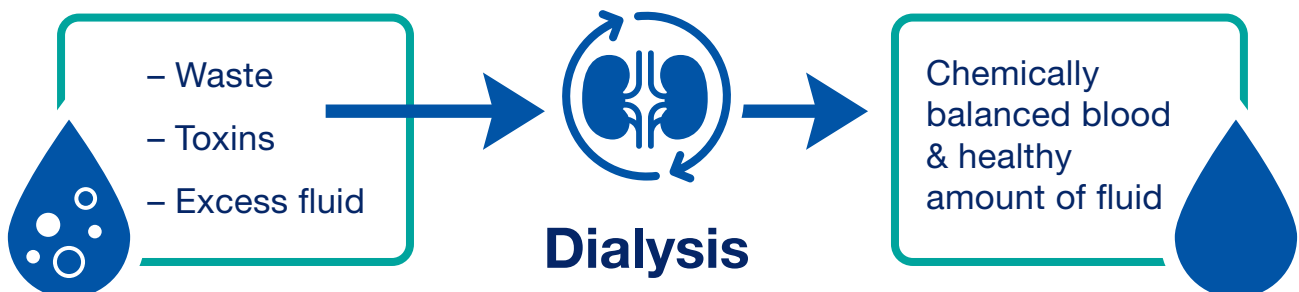




Feel your best and avoid hospitalization

Dialysis helps you feel better by removing waste, toxins, and extra fluid from your body. Your doctor prescribes your treatment time to ensure you get the right amount of dialysis to clean your blood and remove fluid.

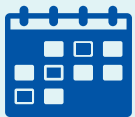


How do you feel better, live longer, and stay out of the hospital?



Stay for your full dialysis treatment

- Cutting just one treatment short can have long-term impacts on your health. Waste, toxins, and fluid build up in your body when you shorten your treatment. This increases your risk of hospitalization.
- Your doctor may need to increase your treatment time to ensure the right amount of waste, toxins, and fluids are removed.



Reschedule ahead of time so you don't miss or shorten any dialysis treatments

- Talk to your care team if you have a conflict with your scheduled dialysis treatment.
- Discuss with your care team if you need a change in your dialysis schedule.
- Let your care team know if you plan to travel.



Manage your fluids and sodium between treatments

- Limit your fluid intake.
- Follow a low-sodium diet.
- Stick to your treatment schedule.

Learn more about managing your fluids
[FreseniusKidneyCare.com/Fluid](https://www.freseniuskidneycare.com/fluid)